






# October 2018 Elementary Breakfast

Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)!

\*All meals are served with 1% low-fat free milk or nonfat chocolate milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	UPDATES:
 <b>1</b> <b>Apple Frudel</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>2</b> <b>Oatmeal Chocolate Chip Breakfast Bar</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>3</b> <b>Mini Cinnis</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>4</b> <b>Pancake on a Stick with Turkey Sausage</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>5</b>  <b>Goody Ring</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	<p><b>New This School Year...</b></p> <p>To access the Nutrition Facts &amp; Allergen Information for each meal served, please find the links on the Child Nutrition Website under the <i>Menus, Nutrition Facts &amp; Allergens</i> Tab on the right-hand side of the home page.</p>
 <b>8</b> <b>Mini Waffles</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>9</b> <b>Banana Chocolate Chip Breakfast Bar</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>10</b> <b>Breakfast Bun</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>11</b> <b>Breakfast Pizza</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>12</b> <b>Yogurt &amp; Graham Crackers</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	
 <b>15</b> <b>Mini Maple Pancakes</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>16</b> <b>French Toast Breakfast Bar</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>17</b> <b>Cherry Frudel</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>18</b> <b>Pancake on a Stick with Turkey Sausage</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	 <b>19</b> <b>Berry Blast French Toast Syrup Packet</b> or Breakfast Classics  <i>100% Fresh Juice</i> <i>Fresh Fruit</i>	

**Meal Price:**

Full Price—2.00

Reduced Price—No Charge

Milk Only—\$0.50

**Redondo Beach USD**  
 is getting **GREENER!**

\*We now use recyclable paper trays in all our cafeterias










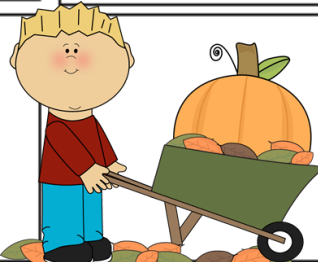


**Menu Key:**

-  Meatless Option
-  Contains Beef
-  Contains Pork
-  Whole Grain



\*Menu Subject to Change

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	UPDATES:
 <b>Apple Frudel</b> <b>22</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	 <b>Breakfast Bun</b> <b>23</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	 <b>Mini Cinnis</b> <b>24</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	 <b>Breakfast Pizza</b> <b>25</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	 <b>Goody Ring</b> <b>26</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	  All students must select a 1/2 cup of fruit!  
 <b>Mini Waffles</b> <b>29</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	 <b>Yogurt &amp; Graham Crackers</b> <b>30</b> or Breakfast Classics  <b>100% Fresh Juice</b> <b>Fresh Fruit</b>	<b>31</b>  <b>No School</b>			
					

### Offered Daily

#### Breakfast Classics:

WG Plain Bagel & Cream Cheese

WG Cereal & Graham Crackers

 WG Muffins

# Redondo Beach Unified School District

This institution is an equal opportunity provider.

### Can't make it to breakfast before the start of school?

A second chance breakfast is offered daily in the cafeteria during the students' recess times at the following schools:  
Beryl, Birney, Jefferson, Lincoln, Madison & Washington.